

O'DOWD'S IRISH CRAFT BEER & CIDER SELECTION

*A Selection of Bottled Craft beers from Micro Brewerys
from around Ireland, Galway & Connemara.
(All of the Beverages listed below contain Barley & Wheat,
except for the Stag Saor & the Cider)*

Rockshore (Draught) Lager ½ Pint €4.00 Pint €6.50
*A light and Refreshing Irish Lager.
Abv 4%.*

Galway Hooker Session IPA (Draught) ½ Pint €4.00 Pint €7.00
*A well balanced IPA defined by a floral aroma,
stone fruit and citrus flavours, and a smooth mouthfeel.
Abv: 5%.*

Stag IPA (Gluten Free) 500ml Bottle €6.70
*A Classic IPA, using new age hops this IPA is full of flavour.
Hop usage is late in the boil which gives big flavours
and aroma without big bitterness. (Abv 5%)*

Stag Saor (Gluten Free) (500ml Bottle) €6.70
*Ireland's first Gluten Free Beer by the 9 White Deer
Brewery from Co. Cork. A Kolsch style beer with a gentle Hop
& Malt character. Best with light meat & fish dishes. Abv: 4.2%.*

Stag Rua (Gluten Free) (500ml Bottle) €6.70
*The flavour profile of Stag Rua is full of chocolate, caramel
and toffee characteristics. Smooth and easy to drink. (Abv 4.2%)*

CIDER
Galway Cider 500 ml Bottle €6.70
*A crisp refreshing slightly dry cider using 100% Irish Red Apples.
Abv: 5%*

Rockshore (Draught) Cider ½ Pint €4.00 Pint €6.50
*A crisp, light, refreshing cider with a balanced sweetness.
Abv 4%.*

DRAUGHT BEERS:

Heineken, Smithwicks, Guinness, Rockshore

**A full Wine List is available,
Please ask a Member of Staff**

O'Dowd's EVENING MENU



FOOD SERVED DAILY

Roundstone, Connemara, Co. Galway
095-35809

Email: info@odowdsseafoodbar.com
www.odowdsrestaurant.com

SOUPS

Home-made Soup 9 €6.95
(Freshly made daily, using Seasonal Vegetables)

O’ Dowds Seafood Chowder 1a,2,4,7,14 ½ Bowl €5.50 €10.95
(Home-made Creamy Fish Soup, using the best of our locally supplied ingredients, Inc Crab, Salmon, Prawns, Mussels and White Fish)

SMALL PLATES

Garlic & Herb Bread €3.95
or with Melted Cheddar Cheese €4.95
(Crispy White Roll with a topping of Garlic Butter & Herbs) 1a,7

Steamed Killary Bay Mussels 12,14 €14.75
(In a Cocunut Milk, Lime & Sweet Chili Broth)

Killary Bay Oysters 14 Trio €8.50 ½ doz €15.50
(Killary Bay Oysters, opened to order, Served with a wedge of Lemon)

½ doz Grilled Killary Bay Oysters 1a,7,14 €17.00
(Our Fresh Oysters Stuffed with Garlic Butter & Breadcrumbs & Grilled Lightly)

Seaweed Hummus 1a,1e,10,12 €8.95
(Home-Made Chickpea & Dillisk Hummus, served with Granary Toast & Salad) (Vegan)

SALADS

Goat Cheese Tartlet 1a,7,12 €14.50
(Goat cheese, oven roasted & served with a tomato chutney & salad 10,12)

Oak Smoked Salmon Salad 4,10,12 €14.75
(Locally Smoked Connemara Salmon Served with Lemon & Salad)

Seafood Cocktail 2,3,4,12,14 €16.50
(Local White Fish, Prawns, Salmon, Mixed with a Marie Rose Sauce)

We apologise but we cannot accommodate separate bills for parties of 4 or more

LARGE PLATES

MEAT

Pan Grilled 10oz Sirloin Steak €34.00
(served with Sautéed Onions & Mushrooms and a choice of peppercorn sauce 1a or garlic butter 7)

O’Dowd’s Lamb Stew €26.00
(Tender pieces of Irish Lamb, Slow Cooked with Carrots, Onions & Fresh Herbs, served with boiled Potatoes)

VEGETARIAN

Home-Made Black Eyed Bean Burger with a spicy tomato sauce €17.00
(Black Eyed Beans mixed with Vegetables & Herbs, made into a Patty, and Pan-fried Served with Chips or Salad (No Bun!) 10,12

Baked Aubergine & Sweet Potato with a Goat Cheese Topping €18.50
(Served with a Side Salad) 7,9,12

FISH

Pan-Fried Fillets of our Catch of the Day 4 €19.75
(Our fish of the day, locally supplied, and shallow fried, served with home made tartar sauce & Lemon Wedge) (Gluten Free)

Baked Salmon in a Sweet & Spicy Marinade 4,7,12 €21.00
(Fresh Salmon marinated in a Sweet n Spicy Sauce, served with Mash & Salad)

Seafood Au Gratin 1a,2,4,7,14 €34.00
(Hake, Salmon, Oyster & Mussels in a wine & cream sauce, topped with grated cheese/breadcrumbs & Grilled to Order)

(All above main courses are served with mash, boiled or chipped potatoes)

PASTA

Strips of Connemara Smoked Salmon in a Cheese Sauce on a bed of Tagliatelle Pasta 1a,1b,4,7 €19.50

CURRIES

Fish Curry (Cod & Scampi) with Boiled Rice 2,4,7,5,10,14 €23.50
(Fresh Cod, Salmon & Scampi cooked gently in our own Home-made Curry Sauce)

Chicken Curry with Boiled Rice 7,5,10 €18.00
(Tender Pieces of White Chicken Breast in a Home-made Curry Sauce)

SIDE ORDERS

Chipped Potatoes €4.50
Vegetables 9 €4.00
Side Salad with French Dressing 10,12 €4.00

All our Meat & Chicken is 100% Irish Reared.
Steaks supplied by Finnerty Butchers, Oughterard

List of ALLERGENS

1a. Wheat, 1b. Durum Wheat, 1c. Barley, 1d. Malt, 1e. Granary 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybeans, 7. Milk, 8a. Walnuts, 8b. Almonds, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphur Dioxide & Sulphites, 13. Lupin, 14. Molluscs

Service Charge is not included except for parties of 6 or more where 10% is added

Separate Dessert Menu Available

COFFEE

House Coffee €3.50
Espresso €3.20
Cappuccino or Latte 7 €4.00
Cafe Mocha 7 €4.00
Double Espresso €4.00
Flat White 7 €4.50
Oat Milk 50c
Vanilla or Caramel Syrups 50c extra

Decaffeinated Coffee available

TEA SELECTION

Regular Tea per person €3.50
Choose from a selection of Herbal Teas €4.00

SOFT DRINKS

Coke, Diet Coke, Club Orange, Lemon, Cidona, 7-Up or Diet 7-Up, Lucozade €4.00
Bottle of Mineral Water Still / Sparkling 275ml €4.20
Large Bottle of Mineral Water Still / Sparkling 500ml €7.00

JUICES

Apple, Orange, or Cranberry €4.00