

## O'Dowds Menu

<i>O'Dowds Seafood Chowder</i>	6.95
<small>(1,2,4,7,9,14)</small>	
<i>Home-Made Soup of the Day</i>	4.95
<small>(9)</small>	
<i>Garlic &amp; Herb Bread</i>	4.50
<i>with Melted Cheddar Cheese</i>	5.50
<small>(1,7,8,11)</small>	
<i>Fresh Connemara Crabmeat Salad</i>	15.95
<small>(2,3,10,12)</small>	
<i>Local Crab Claws Sautéed in Garlic Butter</i>	15.95
<small>(2)</small>	
<i>Connemara Oak Smoked Salmon &amp; Salad</i>	€10.50
<small>(4,10,12)</small>	
<i>Seafood Cocktail</i>	€11.50
<small>(Salmon, White Fish, Prawns, Mussels in Marie Rose Sauce with Salad)</small>	
<small>(1,2,4,14)</small>	
<i>½ Dozen Killary Bay Oysters</i>	€11.50
<small>(Fresh Local Oysters)</small>	
<small>(1)</small>	
<i>Steamed Killary Bay Mussels</i>	€12.50
<small>(In a Coconut, Lime &amp; Sweet Chilli Broth)</small>	
<small>(12,14)</small>	

## Main Courses

<i>Chicken Curry with Boiled Rice</i>	13.50
<small>(7,8,10)</small>	
<i>O'Dowds Traditional Lamb Stew</i>	15.95
<i>Shepherd's Pie &amp; Chips</i>	14.50
<i>Vegetarian Bean Burger &amp; Chips</i>	12.50
<i>Grilled Salmon, Fennel Sauce with Mash/Vege</i>	14.50
<small>(1,4,7)</small>	
<i>Pan Fried Fillets of Fresh Hake &amp; Chips</i>	14.50
<small>(1,4)</small>	
<i>Fisherman's Platter</i>	29.50
<small>(Selection of Fresh Seafood of Smoked Salmon, Fresh Salmon, Mussels, Grilled &amp; Fresh Oyster, Connemara Smoked Mackerel, Seafood Cocktail served with Home-Made Bread)</small>	
<small>(1,2,4,7,10,14)</small>	
<i>Pizza (3 Toppings)</i>	10.50
<small>(Choose from Ham, Chicken, Pepperoni, Sweetcorn, Olives, Pineapple, Peppers)</small>	
<small>(1,3,7)</small>	

<i>Sausage &amp; Chips</i> (1,12)	4.75
<i>Chicken Nuggets &amp; Chips</i>	4.75
<i>Portion of Chips</i>	3.50

### *Sandwiches*

*Selection of Sandwich Fillings Choose from Ham, Cheese, Chicken, Tuna & Sweetcorn and Mixed Salad.  
On Brown or White Sliced (Toasted), or White Baguette.*

### *Desserts €5.50*

*Raspberry & Apple Crumble* (1,3,7)

*Warm Chocolate Brownie with Ice-Cream* (1,7,8)

*Selection of Tea, Herbal Tea, Coffees, Cappuccino, Latte etc available.*

### *Draught Beers available are:*

*Guinness, Smithwicks, Carlsberg, Heineken & Rockshore*

*Selection of Red and White Wines by the bottle, Please ask For Wine List.*

*Wines by the Glass are Sauvignon Blanc, Chardonnay or Pinot Grigio in White and Cabernet Sauvignon, Merlot or Malbec in Red.*

*Food Served from 12 noon till 9pm daily*

*Order to be placed and paid for in advance.*

The 14 Allergens that must be listed on this menu are numbered 1 to 14 in the following order:

- |                |                                 |
|----------------|---------------------------------|
| 1. Wheat       | 8. Nuts                         |
| 2. Crustaceans | 9. Celery                       |
| 3. Eggs        | 10. Mustard                     |
| 4. Fish        | 11. Sesame Seeds                |
| 5. Peanuts     | 12. Sulphur Dioxide & Sulphites |
| 6. Soybeans    | 13. Lupin                       |
| 7. Milk        | 14. Mollusc                     |